

BRIDGING PROGRAMME – ILM LEVEL 5 CERTIFICATE TO ILM LEVEL 7 CERTIFICATE IN EXECUTIVE COACHING AND MENTORING

By completing this ABM course you obtain the highest available ILM qualification in Professional Business Mentoring, providing you with an accreditation at Master's degree level.

The Association of Business Mentors (ABM) is delighted to offer a bridging programme to obtain an ILM-accredited Level 7 Certificate in Effective Coaching and Mentoring (Business).

The ILM Level 7 accreditation has been designed by the ABM to support those individuals who desire to practice professional business mentoring at the highest level as well as gain a better understanding of how to embed a Coaching or Mentoring culture within any sized organisation.

It will also enable you to maximise your mentoring and coaching expertise as an independent professional Business Mentor, operating at Owner or Board level.

The ILM is the UK's top leadership and management qualifications specialist, enabling people and organisations to develop their leadership skills for personal and economic growth.

By obtaining the ILM Level 7, you gain a professional qualification that carries significant credibility in the marketplace. Additionally, you will be exposed to the theories and practices of professional business mentoring, enabling you to mentor others, improve results and gain confidence.

As part of the ILM Level 7 Qualification, you will receive group supervision as well as 1:1 support and supervision from course tutors. This element of supervision and reflective practice within this course allows you to actively improve your mentoring practice in a professional setting as well as encourages peer-to-peer discussion.

For more information about the course structure, application requirements and upcoming cohorts, please visit the [ABM website here](#).

ABOUT THE ABM

The Association of Business Mentors (ABM) is the voice of professional business mentoring in the UK.

We are an active and skilled community of professional business mentors that share the goal of improving our professional skills. As the UK's leading professional body for business mentoring, the ABM champions the role and value that professional business mentoring brings to the success of UK and overseas businesses.

THE ABM BRIDGING PROGRAMME

WHAT WILL I LEARN THROUGH THE COURSE?

Alongside a refresh of the fundamental elements of coaching and mentoring covered on an ILM Level 5 course, participants will explore the following topics in more detail:

- Coaching, mentoring and psychology theory
- The benefits of supervision
- Business strategy and leadership theory
- Developing resilience, confidence and mental toughness
- Building self-awareness

WHAT ARE THE COURSE REQUIREMENTS?

- An ILM Level 5 Certificate in Coaching and Mentoring, or equivalent
- Actively practising as a coach or mentor, either independently or internally within an organisation
- Experience in operating at, or working with, senior levels (strategic decision-making) in organisations

WHAT DOES THE COURSE INVOLVE?

- The course is delivered through a series of 4 group workshops and extensive 1:1 support and supervision from course tutors
- There are 3 assignments to complete, each with a target wordcount of 7000 words

WHAT HAPPENS AFTER I COMPLETE THE PROGRAM?

The course provides you with a nationally recognised accreditation for professional business mentoring.

To continue to develop your mentoring skills, mentors can [join the ABM as an Associate or Full Member](#).

The ABM is a community of like-minded business mentors who wish to professionalise their work and share their passion for helping others in business. As well as providing opportunities for continued professional development (CPD) and joining a community of mentoring professionals, it also provides qualifications to build from the Introduction course, including to Degree and Master's equivalent levels.

Whatever your professional business mentoring goals are the ABM is here to support your journey to achieve your full potential.

THE INVESTMENT

Full Rate: £1650 (plus VAT) per person

This price includes all ILM registration fees.

REGISTER YOUR INTEREST TODAY!

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For other ABM related enquires please get in touch via enquiries@associationofbusinessmentors.org.